## JEREMY BREWSTER

Graduate, Multidisciplinary Studies Myanmar: Service Learning | July 2018, Jan/July 2019





## **BEYOND 'TEACHER'**

This experience helped me to better understand the influence we have in our position as educators. We not only have the power to teach, but also to support, aid, assist, and inspire. To love, mentor, coach and comfort. To push, motivate, encourage and empower. We truly have the ability to make a difference.

## **SERVICE LEARNING**

During my first trip to Myanmar, while carrying out an art project at a monastery school, I observed the need for students to develop skills related to emotional expression. I was given an opportunity to design and deliver a 2-week program focused on teaching constructive emotional expression through visual art and, after a year of development, returned to deliver the program to 40 students ages 16-40 years. This experience stands alone as the most enjoyable and meaningful within my professional career.

## **BETTERMENT**

I read once that life can only be fully understood after having lived a thousand times. Though the Myanmar program does not grant immortality, it does offer an opportunity to submerse yourself in life vastly different from your own. It allows you to gather a more wholesome perspective and, ultimately, to live a fuller and more meaningful existence. The type of impact YOU CHOOSE to make, and the magnitude thereof, are restricted only by your imagination and determination. Do not deny your desire to do big things, and do not withhold the ability that you have to do so.

I was initially inspired to participate because of the potential this program affords one to make a genuine impact in Myanmar.

> I continue to participate because of the genuine impact that Myanmar has had on me.

Every time I return from Myanmar, I do so a better man.



