

## KRISTIN SOUERS

For over two decades, Kristin Souers has dedicated herself to the improvement of people's lives. As a licensed mental health counselor, she has provided counseling services to individuals, couples, and families. With a history of working in the fields of early learning, law enforcement, education, and mental health, she has been able to develop an extensive knowledge base. This, partnered with her expertise in complex trauma, the impact of violence, crisis management, counseling, and trauma-informed care, has allowed her to partner with professionals around the development of trauma-informed practices in a multitude of settings.

As an independent consultant, adjunct faculty member at the Gonzaga University School of Education in the Counselor Education Department, Kristin now provides critical professional development, consultation, education, and training services to schools, school districts, and organizations throughout the country. She has presented to hundreds of audiences, facilitated group learning, supervised internships, directed programs, and supported the learning and growth of countless educators, caregiving professionals, and other individuals.

The award winning publication, *Fostering Resilient Learners: Strategies for Creating a Trauma-Sensitive Classroom* (ASCD, 2016), and many articles published in education journals including, "[Address Trauma with Calm, Consistent Care: Strategies to Help Educators Avoid Burnout While Keeping Students Learning-Ready](#)" (*Principal Magazine*, March/April, 2015) and her most recent publication, "Responding to Student Need versus Behavior" (December 2016) have strengthened Kristin's impact in education.

For more information or to book Kristin for a speaking engagement or professional development opportunity, please visit our contact page. We would love to hear from you!

**[CONTACT KRISTIN](#)**

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Forever changed, not forever damaged.

— Kristin Souers